

Mental Health

Mental Health Procedures

1

2

3

4

5

6

7

Section

Type
Expansion

Qualifier

Qualifier

Type

Qualifier

Qualifier

Mental Health Types (Character 2)

**Diagnostic & Evaluation
Interview & Observation
Psychological Tests
Crisis Management
Medication Management
Psychiatric Management**

**Individual Psychotherapy
Counseling
Family Psychotherapy
Couple Psychotherapy
Creative Therapy
Electroconvulsive Therapy
Biofeedback**

Mental Health Types (Character 2)

**Environmental
Intervention**

Case Management

Hypnosis

Narcosynthesis

**Neuropsychological
Rehabilitation**

Educational Counseling

Vocational Counseling

**Caregiver or Parent
Counseling**

Group Psychotherapy

Light Therapy

Preventive Psychotherapy

Legal Testimony

**Other Diagnostic &
Evaluation Procedures**

Mental Health Type Expansions (Character 3)

- **Type Expansion provides additional specificity on the type of mental health procedure**
- **Not all types have type expansion**

Mental Health Type Expansion (Character 3)

Psychological Tests:

- **Developmental testing**
- **Personality & behavioral testing**
- **Intellectual & psychoeducational testing**
- **Neuropsychological testing**
- **Neurobehavioral & cognitive status testing**
- **Vocational testing**
- **Testing related to physiological conditions**

Mental Health Type Expansion (Character 3)

Individual Psychotherapy

Interactive

Behavior

Cognitive

Interpersonal

Psychoanalysis

Psychodynamic

Supportive

Multimodel

Cognitive & Behavioral

Psychophysiological

Individual Psychotherapy NEC

Mental Health Qualifier (Character 4)

- **Impaired communication due to physical or sensory disability**
- **Impaired intellectual ability**
- **Agitated or non-cooperative patient**
- **Impaired communication due to cultural or language differences**

Laboratory

Laboratory

1

2

3

4

5

6

7

Section

Analyte

Specimen/Source

Method

Analyte Class

Laboratory Analyte Classes (Character 2)

- **Blood Bank**
- **Hematology**
- **Chemistry**
 - **Other Chemistry**
- **Pathology**
- **Microbiology**
 - **Other Microbiology**
- **Toxicology**

Laboratory Analyte (Characters 3 & 4)

- **The specific material being identified or measured for each analyte class**
 - **calcium**
 - **hematocrit**
 - **bacterial growth**

Laboratory Specimen Source (Characters 5 & 6)

- **Identifies the specimen used in the laboratory procedure**
 - **cerebrospinal fluid**
 - **urine**
 - **serum**
 - **arterial blood**

Laboratory Method (Character 7)

- **Identifies the method for the test**
- **When a specific method is not requested, “standard method” is used**

Miscellaneous

Miscellaneous

1

2

3

4

5

6

7

Section

Root Operation

Approach

Qualifier

**Anatomical
Regions**

Body Region

Method

Miscellaneous Root Operation (Character 3)

- **Other Therapies**
 - **Methodologies which attempt to remediate or cure a disorder or disease**

Miscellaneous Body Region (Character 4)

- **The whole body is the only Body Region used**

Miscellaneous Method (Character 6)

- **Acupuncture**
- **Therapeutic Massage**
- **Yoga Therapy**

THE INDEX

The Index

- **Provides specification of first three or four characters of code**
- **The Tabular Listing must always be used to obtain the complete code**
- **No eponyms are included**

Structure of Index

- **Primary entry is always a root operation or composite terms of the root operation**
 - *Examples:* **RESECTION**
 - **PROSTATECTOMY**
- **Secondary entries are specific to the root operation**
 - **Body part for excision**
 - **Device for insertion**
 - **Root operation for revision**

Index Entry by Root Operation

Bypass

by Body System

Female Reproductive System 0V1

Heart & Great Vessels 021

Lower Arteries 041

Lower Veins 061

Male Reproductive System 0W1

Upper Arteries 031

Urinary System 0T1

Index Entry by Body Part

Bypass

by Body Part

Artery

Artery, Abdominal 0410 ...

Aorta, Thoracic 021W ...

Coronary, One 0210 ...

Coronary, Three 0212 ...

Coronary, Two 0211 ...

Femoral 041

Internal Carotid 031

Internal Iliac 041

Testing

Testing

- **Clinical Data Abstraction Centers (CDACs) tested system**
 - **FMAS, Columbia, MD**
 - **DynKePRO, York, PA**
- **Coded 5,000 records**
 - **Identified revisions needed**
 - **Gave feedback on issues found to 3M**
- **Additional comparison test of 100 records**
- **Additional testing on ambulatory records**

Major Modifications as a Result of Testing

- **Not Otherwise Specified (NOS) options added**
- **Number of approaches reduced from 17 to 13**
- **Dual numbering - with and without imbedded meaning**
- **Training manual revised**
- **Added index entries**

Testing findings

- **More complete than ICD-9-CM, greater specificity and detail**
- **Easy to expand the system**
- **Multiaxial structure makes it easier to analyze**
- **Standardized terminology makes it easier to use once the coder has initial training**
- **Should lead to improved accuracy and efficiency of coding**

Testing findings

- **Training time will be a factor since it is quite different from ICD-9-CM**
 - **Having all terms defined makes it easier to teach**
 - **Once a basic knowledge is acquired, the coder does not use the index**